

Flash Bento Bash



Calling all bento makers and bento lovers, skilled or novice – all are welcome! We invite you to use your creativity and sense of style to create a bento and bring it with you for display for a “Flash Bento Bash” at The Boston Architectural College on Newbury Street in recognition of the opening of the exhibit, “Obento and Built Space: Japanese Boxed Lunch and Architecture.” The exhibit explores two scales -- between the bento box and architecture.

<http://the-bac.edu/experience-the-bac/news-and-events/events/bento-and-architecture-exhibition-event>

DATE: Friday March 13, 2015

TIME: 6:30-8:00PM

PLACE: Boston Architectural College McCormick Gallery 320 Newbury Street, Boston

Here is chance to strut your stuff and make new bento buddies.

Many of you are already familiar with bento, the perfect portable meal and know that it is becoming popular worldwide. From the fun “character” bentos where food is formed into animals, flowers, beloved manga or anime characters, to the exquisite *kaiseki* samplers of small bites, to the homey fare prepared daily for work or school -- the same principles are applied: nutrition, deliciousness, foods made and presented with aesthetic balance, and proportion: the perfect meal in a cool box.

None of the food in the boxes is for consumption; it is purely for “Show and Tell.”

Refreshments will be served.